

	DPG Institute of Technology and Management Sector 34, Gurugram HR -122004		
	Lesson Plan		
	Course Name: Universal Human Values		
	Faculty Name: Dr. Dhananjay Verma		

Lesson Plan

No. of Lecture Hours/Week	3	Exam Hours	3
Total No. of Lecture Hours	42	Exam Marks	50
Course Code	25HSMC-UHV-101H		

Objectives of the course:

1. To help the students appreciate the essential complementarity between 'VALUES' and 'SKILLS', to ensure sustained happiness and prosperity which are the core aspirations of all human beings.
2. To facilitate the development of a Holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the Human reality and the rest of existence. Such a holistic perspective forms the basis of Universal Human Values and movement towards value-based living in a natural way.
3. To highlight plausible implications of such a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with Nature. Thus, this course is intended to provide a much-needed orientation input in value education to the young enquiring minds.

Detailed Lesson Plan

Lecture No.	Topic	Teaching Methodology	Class Activity	Remarks
Module1–Introduction to Value Education				
1	Right understanding, relationship and physical facility (Holistic development and the role of education)	Class Lecture	Lecture with Interaction	
2	Understanding value education	Class Lecture	Lecture with Interaction	
3	Practice Session (Sharing about one self)		Lecture with Interaction	

4	Self-exploration as the process for value education	Class Lecture	Lecture with Interaction	
5	Continuous happiness and prosperity–the basic human aspirations	Class Lecture	Lecture with Interaction	
6	Practice Session (Exploring human consciousness)		Lecture with Interaction	
7	Happiness and Prosperity– Current scenario	Class Lecture	Lecture with Interaction	
8	Method to fulfil the basic human aspirations	Class Lecture	Lecture with Interaction	
9	Practice Session (Exploring natural acceptance)		Lecture with Interaction	
Module2–Harmony in the Human Being				
10	Understanding human being as the co-existence of the Self and the Body	Class Lecture	Lecture with Interaction	
11	Distinguishing between the needs of the Self and the Body	Class Lecture	Lecture with Interaction	
12	Practice Session (Exploring the difference of needs of Self and Body)		Lecture with Interaction	
13	The Body as an instrument of the Self	Class Lecture	Lecture with Interaction	
14	Understanding harmony in the Self	Class Lecture	Lecture with Interaction	
15	Practice Session (Exploring sources of imagination in the Self)		Lecture with Interaction	
16	Harmony of the Self with the Body	Class Lecture	Lecture with Interaction	
17	Programme to ensure self-regulation and health	Class Lecture	Lecture with Interaction	
18	Practice Session (Exploring Harmony of Self with the Body)		Lecture with Interaction	
Module3–Harmony in the Family and Society				
19	Harmony in the Family– the basic unit of human interaction	Class Lecture	Lecture with Interaction	
20	'Trust' – the foundational value in relationship	Class Lecture	Lecture with Interaction	

21	Practice Session (Exploring the feeling of trust)		Lecture with Interaction	
22	'Respect' – as the right evaluation	Class Lecture	Lecture with Interaction	
23	Practice Session (Exploring the feeling of respect)		Lecture with Interaction	
24	Other feelings, Justice in Human-to-Human relationship	Class Lecture	Lecture with Interaction	
25	Understanding Harmony in the Society	Class Lecture	Lecture with Interaction	
26	Vision for the Universal Human Order	Class Lecture	Lecture with Interaction	
27	Practice Session (Exploring systems to fulfil Human Goal)		Lecture with Interaction	
Module4–Harmony in the Nature/Existence				
28	Understanding Harmony in the Nature	Class Lecture	Lecture with Interaction	
29	Interconnectedness, self-regulation and Mutual Fulfilment among the four orders of nature	Class Lecture	Lecture with Interaction	
30	Practice Session (Exploring the four orders of nature)		Lecture with Interaction	
31	Realizing existence as co-existence at all levels	Class Lecture	Lecture with Interaction	
32	The holistic perception of harmony in existence	Class Lecture	Lecture with Interaction	
33	Practice Session (Exploring co-existence in existence)		Lecture with Interaction	
Module5– Implications of the Holistic Understanding–a Look at Professional Ethics				
34	Natural acceptance of human values	Class Lecture		
35	Definitiveness of human conduct (ethical)	Class Lecture		
36	Practice Session (Exploring ethical human conduct)			
37	A basis for humanistic education, humanistic constitution and universal human order	Class Lecture		

38	Competence in professional ethics	Class Lecture		
39	Practice Session (Exploring humanistic models in education)		Lecture with Interaction	
40	Holistic technologies, production systems and management models- typical case studies	Class Lecture	Lecture with Interaction	
41	Strategies for transition towards value-based life and profession	Class Lecture	Lecture with Interaction	
42	Practice Session (Exploring steps of transition towards Universal Human Order)		Lecture with Interaction	

Suggested Reference:

A. Text Book and Teachers Manual

1. The Textbook – A Foundation Course in Human Values and Professional Ethics, RR Gaur, R Asthana, GP Bagaria, 2nd Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-47-1
2. The Teacher's Manual-Teachers' Manual for A Foundation Course in Human Values and Professional Ethics, RR Gaur, R Asthana, G P Bagaria, 2nd Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-53
3. Professional Ethics and Human Values, Premvir Kapoor, ISBN: 978-93-86173-652, Khanna Book Publishing Company, New Delhi, 2022.

B. Reference Books

1. Jeevan Vidya: Ek Parichaya, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.
2. Human Values, A.N. Tripathi, New Age Intl. Publishers, New Delhi, 2004.
3. The Story of Stuff (Book).
4. The Story of My Experiments with Truth –by Mohandas Karamchand Gandhi
5. Small is Beautiful-E.F Schumacher.
6. Slow is Beautiful- Cecile Andrews
7. Economy of Permanence-JC Kumarappa
8. Bharat Mein Angre ji Raj–Pandit Sunderlal
9. Rediscovering India- by Dharampal
10. Hind Swaraj or Indian Home Rule- by Mohandas K. Gandhi
11. India Wins Freedom – Maulana Abdul Kalam Azad
12. Vivekananda- Romain Rolland (English)
13. Gandhi-Roma in Rolland (English)

Course Outcomes:

At the end of the course, the student will be able:

CO101.1	To become more aware of themselves, and their surroundings (family, society, nature).
CO101.2	They would become more responsible in life, and in handling problems with sustainable solutions, while keeping human relationships and human nature in mind.
CO101.3	They would have better critical ability.
CO101.4	They would also become sensitive to their commitment towards what they have understood (human values, human relationship and human society).

CO-PO-PSO Mapping:

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3
CO1															
CO2															
CO3															
CO4															

Signature of Staff In-charge

Signature of HOD